DIABETIC FOOT ULCER TREATMENT

Advanced Diabetic Foot Care in Delhi

Shri Ram Hospital,
Delhi

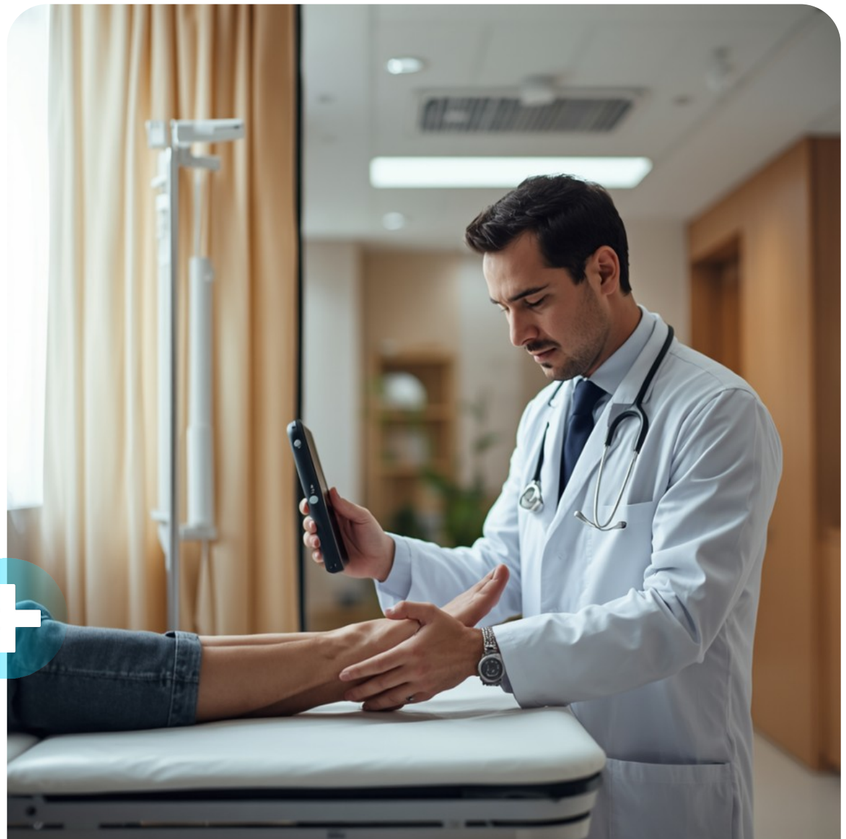
WHAT IS A DIABETIC FOOT ULCER?

A diabetic foot ulcer is an open wound that develops on the feet of people living with diabetes. It results from nerve damage and poor circulation — two common complications of long-term diabetes.

- **Reduced sensation can mask injuries before they worsen**
- **Poor circulation slows the body's natural healing process**
- **Pressure and friction aggravate existing wounds**
- **Untreated wounds carry a high risk of infection**

Diabetic Foot Ulcer Treatment begins with understanding how diabetes affects the feet — and acting early before small wounds become serious

RECOGNIZING EARLY SIGNS



Skin & Wound Changes

Cuts, blisters, or sores that do not heal. Skin discoloration or increasing wound size. Any break in skin needs prompt diabetic foot care evaluation.

Redness & Swelling

Redness, warmth, or swelling around the foot or ankle. Changes in skin temperature may signal early infection or circulation issues.

Nerve Symptoms

Numbness, tingling, or loss of sensation in the feet. Foot pain or discomfort. Do not ignore a foot wound simply because it does not hurt.

Discharge & Odor

Unusual discharge, fluid, or odor from a wound. These are warning signs of possible infection requiring immediate diabetic foot ulcer treatment.

WHY TIMELY TREATMENT MATTERS

Delayed diabetic foot ulcer treatment can lead to serious complications. Risks of waiting include:

- **Wound enlargement & deeper tissue damage**
- **Infection spreading to bone or bloodstream**
- **Poor circulation slowing recovery**
- **Increased risk of serious complications**

Early evaluation allows proper assessment and a tailored care plan — improving outcomes significantly.

Care Pathway: Early Detection → Assessment → Appropriate Treatment → Wound Healing & Follow-Up

Seek timely Diabetic Foot Ulcer Treatment in Delhi at Shri Ram Hospital.

HOW DIABETIC FOOT ULCERS ARE EVALUATED?

At Shri Ram Hospital, every diabetic foot ulcer case begins with a thorough, individualized evaluation. Understanding the wound — and the patient's overall health — is the foundation of effective treatment. Our specialists follow a structured assessment process to determine the best care pathway for each patient.

"Treatment begins with understanding the wound and the patient's overall health." Early, accurate evaluation is key to preventing complications and achieving lasting recovery.

Medical History Review

We review diabetes history, medications, prior foot issues, and overall health to understand risk factors and guide the evaluation process.

Foot & Wound Examination

A detailed visual and physical exam assesses wound size, depth, location, tissue condition, and surrounding skin to classify the ulcer accurately.

Sensory & Circulation Tests

Nerve function and blood flow are evaluated to identify neuropathy and vascular issues — both critical factors in diabetic foot ulcer healing.

Infection Screening & Blood Sugar

Lab tests screen for infection and assess blood sugar control. Imaging may be used when deeper tissue or bone involvement is suspected.

PERSONALIZED TREATMENT

Wound Care & Infection Management

Targeted wound cleaning and dressing combined with antibiotic therapy to control infection and support tissue recovery.

Blood Sugar Control & Diabetes Management

Optimizing blood glucose levels is essential — poor sugar control delays healing and increases infection risk significantly.

Pressure Relief & Off-Loading

Specialized footwear, casts, or devices reduce pressure on the ulcer site, allowing undisturbed healing and preventing worsening.

Advanced & Surgical Care When Required

Not all patients need surgery. Advanced care is considered only when wound severity, circulation, or infection demands it.

COMPREHENSIVE CARE FOR DIABETIC FOOT PROBLEMS

Wound Care Specialist

Our wound care specialists assess ulcer depth, debride necrotic tissue, apply advanced dressings, and monitor healing progress at every stage of diabetic foot ulcer treatment in Delhi.

Infection Control Expert

Dedicated infection control experts identify bacterial involvement, guide targeted therapy, and prevent the spread of infection to protect deeper tissues and bones in diabetic patients.

Circulation & Vascular Assessment

Vascular specialists evaluate blood flow to the foot using advanced diagnostics, ensuring adequate circulation for healing — a critical factor in every diabetic foot care plan.

Diabetes Management & Education

Our diabetes specialists and educators work to optimize blood sugar control and equip patients with the knowledge to prevent recurrence and maintain long-term foot health.

WHY CHOOSE SHRIRAM?

Selecting the right diabetic foot treatment center in Delhi is a critical decision. The quality of specialized care you receive directly impacts wound healing, infection control, and long-term outcomes.

Shri Ram Hospital, Delhi is a trusted diabetic foot hospital offering expert, personalized care for every patient.

Experienced Specialists

Look for a center with dedicated diabetic foot specialists experienced in wound care, infection management, and circulation assessment for all ulcer types.

Comprehensive Diagnostics

Ensure the facility offers thorough evaluation including sensory tests, vascular screening, imaging, and infection screening to guide precise treatment planning.

Modern Treatment Options

Choose a hospital offering advanced wound care, infection control protocols, pressure off-loading, blood sugar management, and surgical options when required.

Individualized Care & Follow-Up

Prioritize centers that create personalized treatment plans, provide patient education, and ensure regular monitoring and coordinated follow-up care after healing.

PROTECTING YOUR FEET AFTER TREATMENT

01 Daily Foot Inspection & Wound Care

Inspect feet daily for cuts, blisters, redness, or swelling. Keep feet clean and dry. Follow all wound-care instructions from your specialist.

02 Footwear, Blood Sugar & Follow-Up

Wear proper footwear and avoid walking barefoot. Maintain blood sugar control and attend all scheduled follow-up appointments.

After diabetic foot ulcer treatment, consistent daily care is essential. Inspecting your feet every day, keeping them clean and dry, and wearing proper footwear significantly reduces the risk of recurrence and complications.

Maintaining blood sugar control and attending all follow-up appointments are equally vital. Prevention and regular monitoring remain the cornerstones of long-term Diabetic Foot Care and lasting recovery.

DON'T IGNORE A DIABETIC FOOT WOUND

BOOK A CONSULTATION TODAY

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